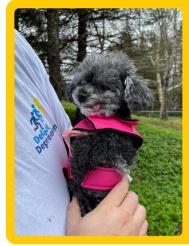


Surrey Defeat Depression Event







About:

Be part of a community that cares about mental health. Whether you are walking to support a loved one, your own journey, or to show solidarity, every step counts. This event is family-friendly, offering beautiful scenery, inspiring talks, and an opportunity to connect with others who share a passion for mental well-being.

Details:

Date: May 31, 2025 **Location: Stay Tuned!**

Time: Stay Tuned! Participate: Register & FUNdraise Today!

Proceeds of this event support:





Mood Disorders Society of Canada Société pour les troubles de l'humeur du Canada

Learn More:



Surrey.DefeatDepression.ca Surrey@DefeatDepression.ca



@movingforwardfamily



@movingforwardfamilies

Title Sponsor

Participating Sponsors

Supporting Sponsors

















