



Halifax Defeat Depression Event



#DEFEATDEPRESSION

Halifax.DefeatDepression.ca

Join us, Together We can Defeat Depression!

With your support we are raising funds to directly change the way society views mental illness and support mental health initiatives from coast-to-coast.

Donate or Register today to #defeatdepression! Join us for our Team Celebration on Defeat Depression Day, May 31, 2025!



Location: Coming Soon!

Date: May 31, 2025

Time: Coming Soon!

Proceeds of this event support:



humans making change

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Mood Disorders Society of Canada
Société pour les troubles de l'humeur du Canada

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